

Ordering your TheraSnoreII™

Please send in:

- A set of high-quality PVS impressions. We prefer that models not be sent so that they are not damaged during transit. We will return your impression trays with the completed TheraSnoreII. Following the alginate manufacture's instructions for proper powder to water ratio, please take impressions of both arches.
- A completed Lab Slip with any special instructions pertaining to the case should be filled out in the comments section of the lab slip.

Every TheraSnoreII appliance will arrive with a storage case, cleaning brush and a bottle of Ortho Fresh™ cold water cleaner.

Promoting TheraSnoreII™ to your patients

Distar is always happy to provide your office with materials to let your patients know you can treat their snoring and Obstructive Sleep Apnea. Should you need more brochures, counter posters, statement stuffers, patient videos, please call and a Distar representative will send you the requested materials. **1-800-47- SNORE**

Insurance Information

Insurance coverage for sleep disorder treatments is becoming increasingly common. Insurance companies are beginning to realize oral appliances, such as the TheraSnoreII, are highly effective in treating sleep apnea and cost less than CPAP. As always, sending in the correct insurance codes helps in speeding up the process for receiving reimbursement from the insurer. Whether you are a dentist or physician, Distar has the insurance codes designated for the TheraSnore appliances and at-home screening options for Obstructive Sleep Apnea. Of course, insurance coverage depends on the carrier and the state you are located.

Letting your patient know that some insurance carriers provide coverage for sleep disorders can help to increase the number of patients you see for treatment.

Things to keep in mind...

- Patients with mild to moderate OSA and patients who can not tolerate or refuse to wear CPAP may be considered immediately for oral appliance therapy.
- Sending a cover letter explaining treatment to the claims' processor may help the claim proceed smoothly.
- A letter or referral from a physician, sleep lab study or other pertinent documentation may be included with the claim to help it through the process.
- Call Distar for a current list of Dental and Medical Insurance codes for oral appliances, and a sample letter to the insurance provider. **1-800-47-SNORE.**

Terms:

All accounts are payable within 30 days from date on invoice. Distar honors all major credit cards. Accounts not paid within the stated terms will be subject to finance charges that can not be written off.

Accounts will be turned over to collections if a balance is past due 90 days or greater. Prices are subject to change at any time.

Warranty and Return Policy:

The TheraSnoreII comes with a one year warranty against manufacturing defects or workmanship. Any return must be approved and will not be accepted without a confirmed return authorization label. Please call if you have any questions, 1-800-477-6673.

**Add to your practice
With Dental Sleep Medicine**



The alternative to CPAP therapy!

**For the treatment of snoring
and mild to moderate
Obstructive Sleep Apnea.**

Providing Safe Sleep Since 1987



DISTAR
AN INTERNATIONAL COMPANY

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Laboratory Fabricated

TheraSnoreII™

The TheraSnoreII™ is a mandibular repositioner that is designed to treat simple snoring and mild to moderate Obstructive Sleep Apnea (OSA). TheraSnoreII gently holds the mandible slightly forward preventing the tongue and soft palate from falling back and obstructing the airway during sleep. The upper airway remains open and permits the patient to breathe easier while asleep.

The TheraSnoreII is a custom-made laboratory device that consists of an upper and lower tray. Each tray is made from a durable soft acrylic and provides full occlusal coverage. Stainless steel adjustment springs allow you to adjust the appliance in your office with no need to send the appliance back to the lab. These springs help in gently holding the mandible in a protrusive position. The vertical opening can also be adjusted in your office for your patient's comfort. With the TheraSnoreII most patients return to centric occlusion naturally after removing the appliance, and there is no need for "bite tabs or bite trays" to reset the patient's bite.

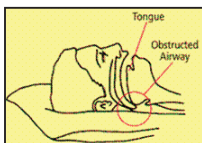


Benefits:

- Easily adjustable in your office
- Affordable treatment for snoring and sleep apnea
- Effective with high patient compliance
- Excellent practice builder
- Patients return to centric occlusion naturally after removing

Why do people snore?

Almost everyone snores occasionally. In fact one-third of the world's population snores regularly. Of that one-third, 90% snore because while sleeping, the tongue and the tissue around the soft palate relaxes and falls back, blocking the airway. Due to this lack of air, the body panics and increases the velocity of air inhaled. This increased velocity causes the tissues at the back of the throat to vibrate and cause the snoring noise.



When CPAP is not an option?

When a patient can not tolerate the CPAP machine or it is not available to them, an oral appliance can be the perfect solution for your patient. In fact, oral appliances have been recommended as the first line of treatment for mild to moderate OSA. Oral appliances like the TheraSnoreII can be incorporated into a patient's life easily, and in most cases can be just as effective as a CPAP machine.



Have your patients Enter the "NO SNORE ZONE!"™

To send in your TheraSnoreII cases, include a set of PVS impressions and the completed lab slip with any special instructions. The TheraSnoreII is made from a durable soft acrylic to ensure there is a proper fit. Make sure that the impressions sent are of a high quality.



Instructions for the professional:

With the TheraSnoreII in the patient's mouth, slide the upper tray over the maxillary arch. Have the patient close into the lower tray of the appliance. While awake, the patient may force their lower incisors out of the mandibular tray. Be assured while sleeping most patients have no problem keeping their teeth in the lower tray. The TheraSnoreII should never cause discomfort for the patient.

Should you need to adjust the TheraSnoreII:

- Remove the springs from the posts by carefully prying the springs off the posts. You only need to remove the springs on the mandibular posts. The posts are a "tear drop" shape to help you remove and install the springs. Even though the posts on the TheraSnoreII are made of a strong acrylic, please take extra care not to break the post.
- With the springs off the post, use an excavator or an explorer to open the spring's end loop. This will help to make it easier to place the spring back on the post.
- Once you have the spring on the desired post use a small pair of hemostats or small needle nose pliers and crimp the springs closed around the correct post.

Should you need to adjust the vertical opening:

- The TheraSnoreII should come to you with a comfortable vertical opening for the patient. However, should you need to adjust this opening, the posterior ramps on the appliance can be trimmed down with an acrylic burr. Be sure to remove any rough spots.

Questions & Answers

Will the TheraSnoreII appliance cause any TMJ problems?

The TheraSnoreII should never be painful for the patient. If a patient is experiencing TMJ discomfort, this usually indicates the mandible is being held too far protrusive. A simple adjustment of retruding the mandible will correct this.

How long will the TheraSnoreII last?

When the TheraSnoreII is taken care of correctly it should last approximately 24 months. However the appliance can last much longer with proper cleaning and care.

Will the springs "pinch" the soft tissue of the inner cheek?

On most patients the springs do not pinch the patient's cheek. However should your patient experience this, we can provide you with plastic spring sleeves to prevent this from happening to those patients.

Will the TheraSnoreII cause any orthodontic movement of the teeth?

No, because with the TheraSnoreII its upper and lower trays ensure no direct pressure is concentrated on one particular point. Having separate upper and lower trays act like a retainer, and should not cause any movement.

How long does it take the patient to get used to wearing the appliance?

Typically it takes 4-7 nights for the patient to get used to wearing the appliance all night. The patient will sometimes find that while sleeping there may be some excess salivation during this time period, but it usually goes away within a few nights. Patients say the TheraSnoreII is the most comfortable oral appliance they have ever worn.

Does the TheraSnoreII allow for lateral movement?

The TheraSnoreII is designed with individual upper and lower trays. Because the plastic of the trays is not connected or fixed together, this allows the mandible to have complete lateral freedom of movement.

How should my patient keep the appliance clean?

A bottle of Ortho Fresh™ cold water cleaner and cleaning brush comes with every TheraSnoreII appliance. Patients should clean their appliance daily to remove any debris from the appliance. Additional Ortho Fresh can be ordered by calling Distar at 1-800-477-6673.